

# Maine Department of Health and Human Services (DHHS)

Update for Committee on Appropriations and Financial Affairs

Commissioner Jeanne Lambrew, PhD

November 14, 2019

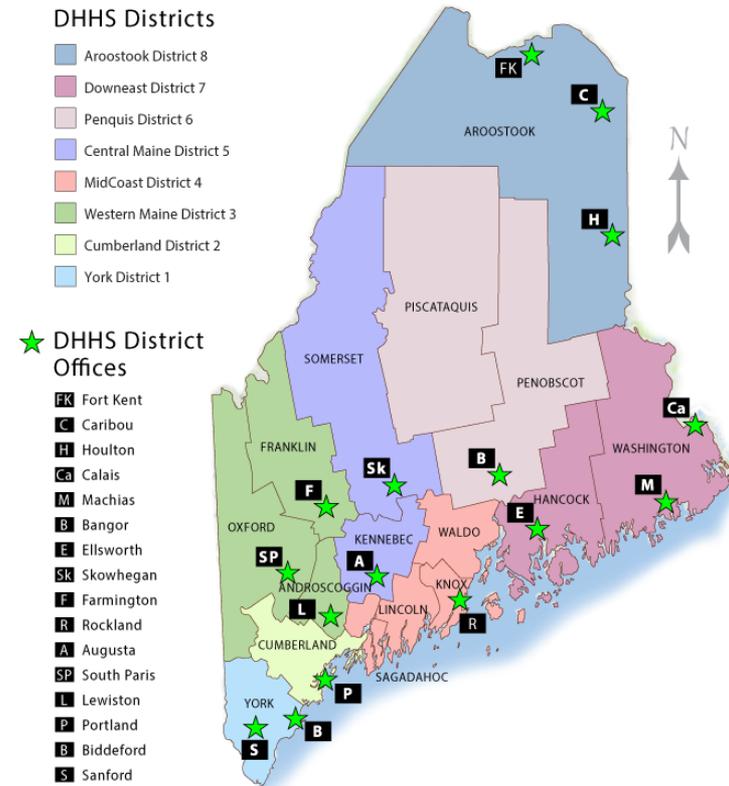


# Agenda

- 1. Strengthening DHHS**
- 2. Major Initiatives**
- 3. Implementation**

# 1. Strengthening DHHS

- **Focusing Maine DHHS on the basics**
  - Who we are, who we serve, what we do
- **Improving our workplace**
  - Holding district “office hours”
  - Promoting diversity, equity, inclusion
  - Posting and filling positions
  - Reopened a Calais Office
- **Fostering transparency**
  - Updates
  - Revamping website





# Improving Coverage & Affordability

(800) 965-7476

coverME.gov  
AFFORDABLE HEALTH COVERAGE FOR MAINE

COVERAGE OPTIONS FIND HELP NEAR YOU REAL STORIES

**TIME TO GET COVERED!**

Find out if you qualify for a low-cost or free health plan!

There are now more options in Maine for **affordable** health care coverage!  
Already know what you're looking for?

MaineCare  
APPLY NOW  
FOR FREE COVERAGE

HealthCare.gov  
APPLY NOW  
THROUGH DECEMBER 15

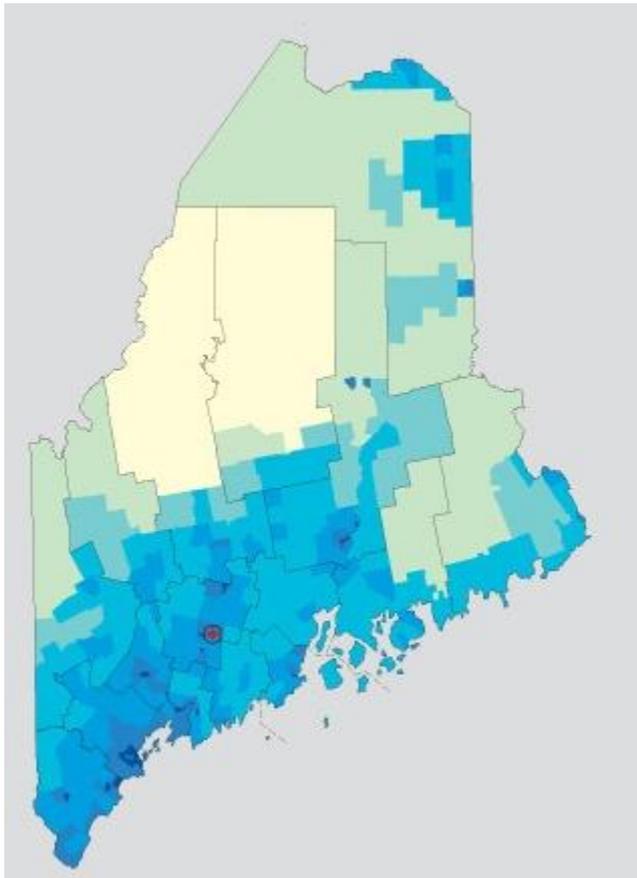
NEED HELP CHOOSING A PLAN OR SIGNING UP?

COVERAGE OPTIONS GET HELP!

- **CoverME Initiative**
  - Remind Mainers and small businesses that coverage is important, and affordable options are available
  - Provide simple information to help them decide to apply or get help if they need it
- **Taking control of the Health Insurance Marketplace**
  - Starting next fall
- **Tackling underlying health care costs**
  - Prescription drug costs

# Rural Health Transformation

**Maine Population Density**  
(U.S. Census Bureau, 2017)



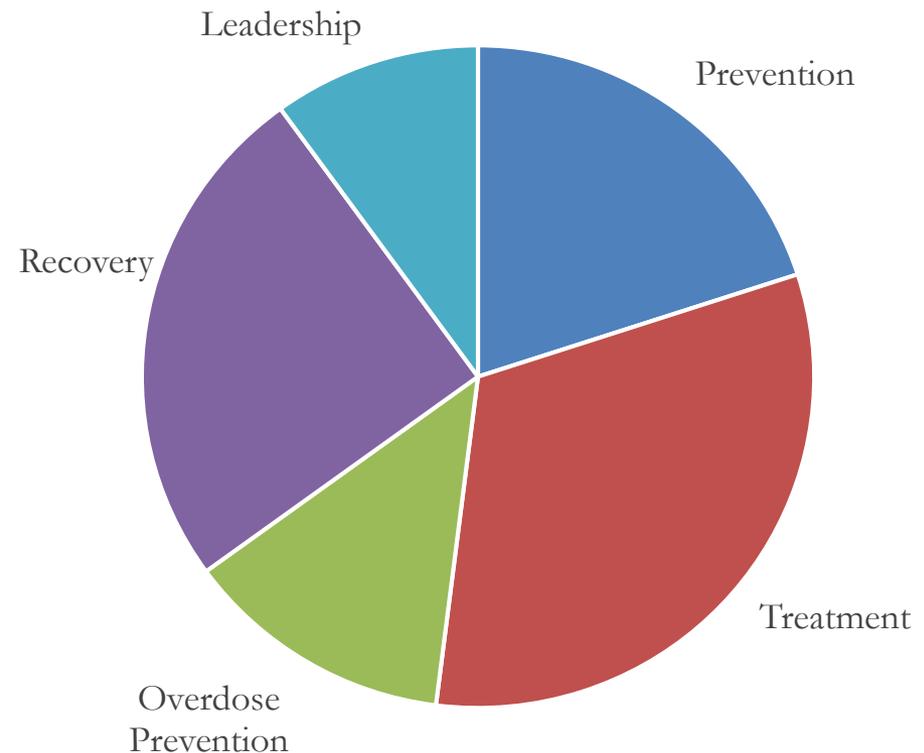
ACTION	DESCRIPTION
<b>STATEWIDE</b>	
Address telehealth gaps	Fill gaps in MaineCare, private insurance
Strengthen primary care	Support participation in new demos
Build workforce	Identify gaps, programs, and incentives
<b>REGIONAL PLANS</b>	
Develop referral system	Formalize system for perinatal care
<b>DELIVERY SYSTEM PILOT</b>	
Identify sites	Assess hospitals / services, needs, leadership
Develop models	Array options, estimated impact & trade-offs, identify waivers

# Opioid Response

## Examples of Actions to Date

- Distributing 30,000 doses of naloxone
- Training of 250 recovery coaches
- Expanding recovery centers and treatment in every emergency room
- Hosting a Opioid Response Summit
- Investing in prevention, starting with children

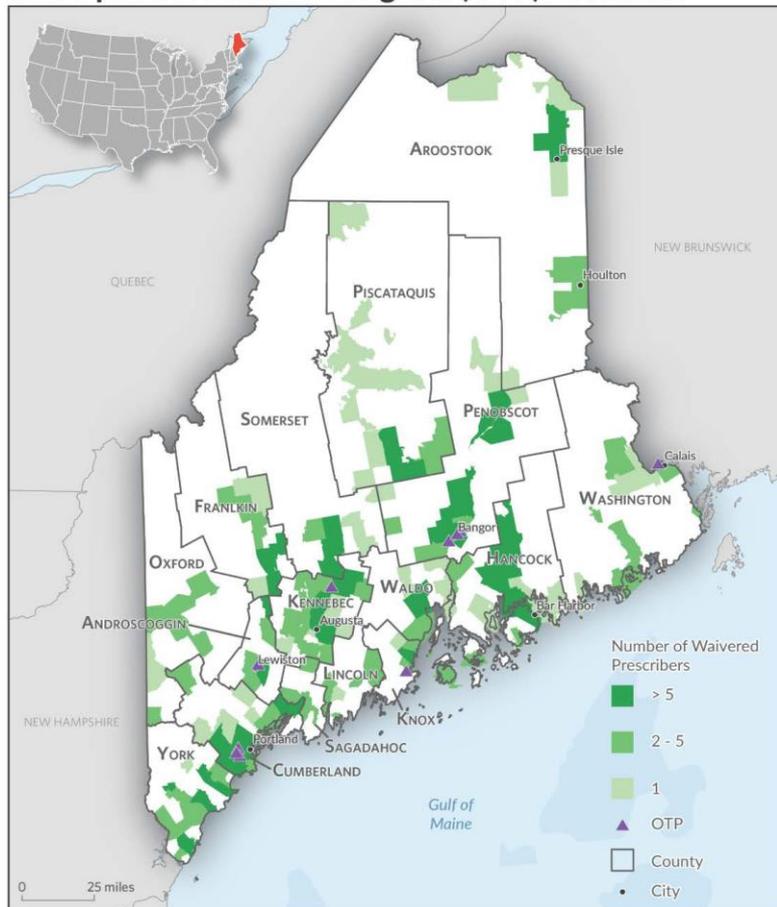
## Approach to Allocation of New Resources



# Behavioral Health Map & Match

## Example: Capacity Map

Zipcodes with Waivered Buprenorphine Prescribers and Opioid Treatment Program (OTP) Locations



SOURCE: DEA; SAMHSA.

- **Map:** Systematically capture treatment capacity in real time
- **Match:** Identify systems to connect people with appropriate type of treatment
- **Uses:**
  - Opioid response
  - Criminal justice system diversion
  - Co-occurring conditions

# Behavioral Health Map & Match

**Goal: Build and support a continuum of care to meet Mainer's needs**

**Referral Type Key**

- Self Referral
- Provider Controlled
- Specialized Referral

**\*Community Based Services:**

**Section 17:**  
 Daily Living Support Services—1,075 clients  
 Community Integration—5,166 clients  
 Community Rehabilitation Services—188 clients  
 Section 13- Targeted Case management—1097 clients

**Section 65:**  
 Medication Management—12,524 clients  
 Outpatient Therapy—76,587 available slots  
 Intensive Outpatient Services (IOP)—9,356 available slots  
 Opioid Treatment Program (Methadone)—5,460 available slots  
 Mental Health Psychosocial Clubhouses—6,779 clients

**Employment Support Services :**  
 Long Term Support Employment—66 clients  
 Community Employment Services—248 clients  
 Psychosocial Clubhouses—779 clients

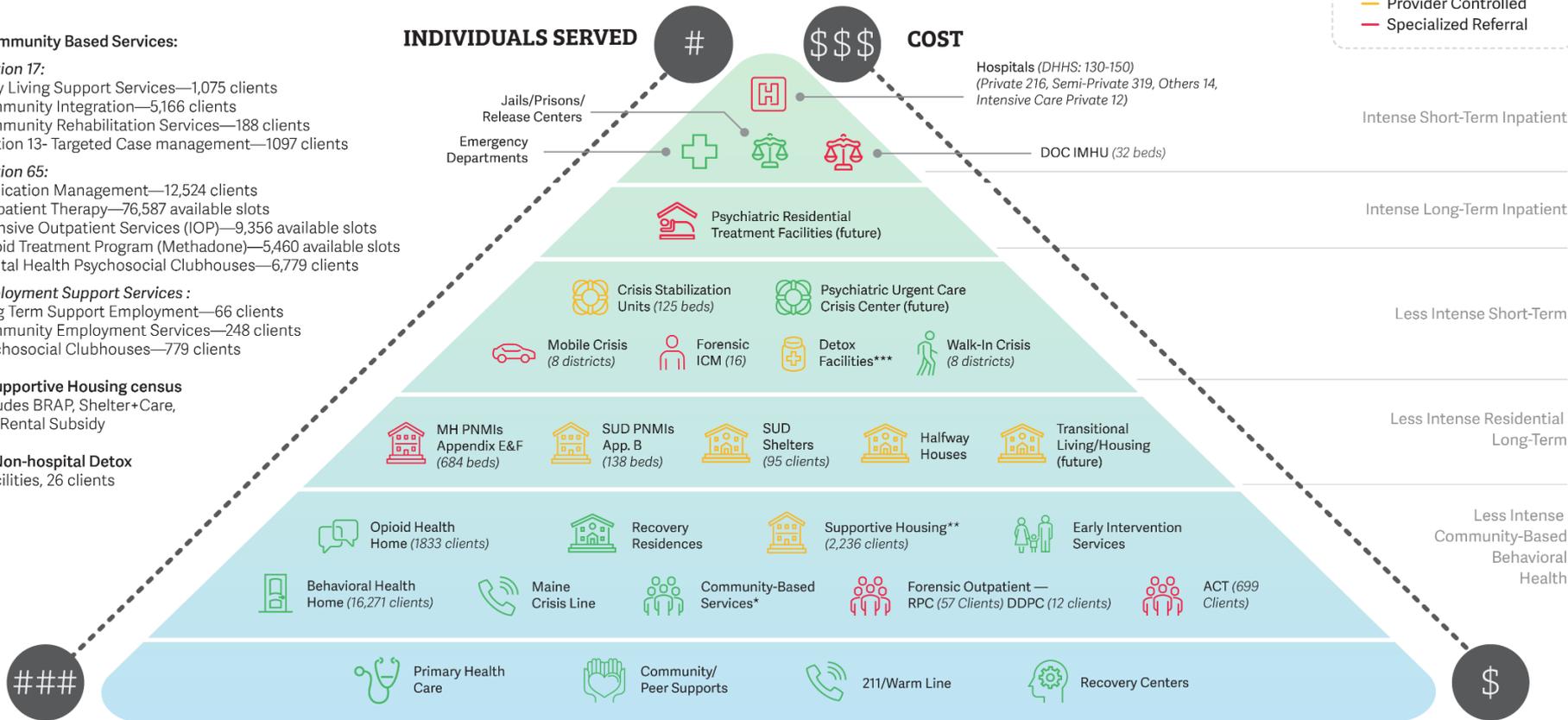
**\*\*Supportive Housing census**  
 includes BRAP, Shelter+Care, and Rental Subsidy

**\*\*\*Non-hospital Detox**  
 2 facilities, 26 clients

**INDIVIDUALS SERVED**



**COST**



*Preliminary: Mirrors Model for Children's Behavioral Health Strategy*



# Children's Cabinet

## Young Children: Ready to Learn

- Safe sleep campaign
- Prevention: Increasing:
  - Lead screening
  - Developmental screening
  - Vaccinations
- Social and emotional learning
- Quality child care
- Pre-school development grant



## At-Risk Youth: Successful Transitions

- Substance use disorder prevention initiative
  - \$2 million from the Fund for Healthy Maine
- Expanding capacity to treat complex behavioral health disorders
- Exploring additional school-based programs

# Promoting Opportunity through Education and Training

## Opportunity in DHHS

- People with low income
- People in recovery
- People with intellectual or developmental disability
- Older Mainers

## DHHS Activity

- Programs:
  - TANF: Aspire
  - SNAP: Education and Training
  - HOPE
  - Parents as Scholars
  - LIFT and STEP
- Pilots

# Crosscutting Themes

- **Transportation**
  - Contract alignment, listening sessions, evaluation
  - Working Cars for Working Families
- **Housing**
  - Technical assistance through Medicaid
  - Supportive housing
  - Residential care and treatment
- **Food Security**
  - SNAP: Advances and challenges

# 3. Implementation

## Laws

- DHHS responsible for or involved in implementing 107
- About one-third complete

## Resolves, Studies, Task Forces, Committee Requests

- DHHS responsible for or involved in 54
- None of the work required of DHHS staff is funded

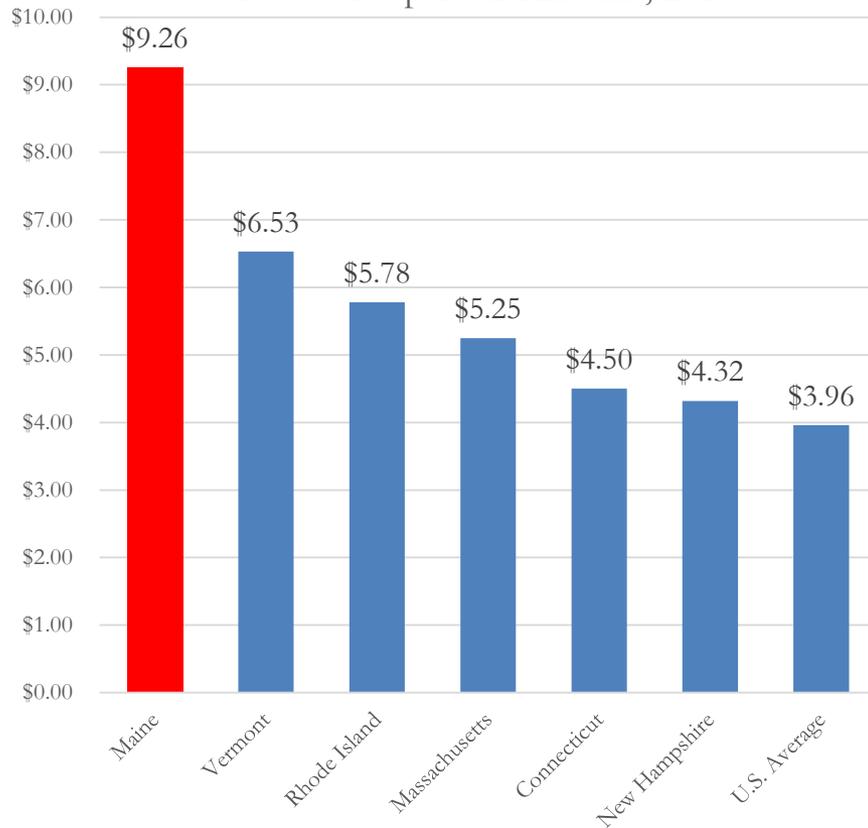
# Riverview Decertification Disallowance

- Riverview has been recertified:
  - Center for Medicare & Medicaid Services (CMS) in January 2019
  - Joint Commission in November 2019
- Disallowance fully paid in lump sum, saving on future interest payments, from:
  - \$65 million from the Legislature in 2017
  - \$15 million from the Legislature in 2019

# Section 21 / 29 Services

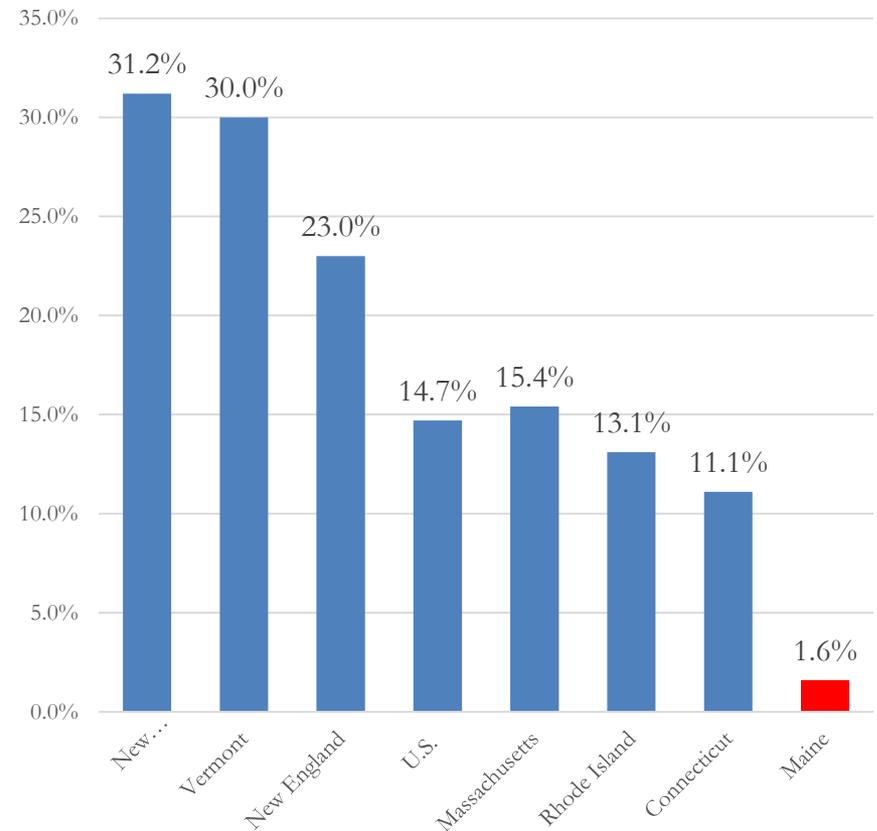
## Fiscal Effort

**Nationally, Maine is second only to NY**  
State's spending for IDD services per \$1,000 of total statewide personal income, 2015



## Support of Families

Percent of Total Statewide IDD Caregiving Families Supported by State IDD Agencies, 2015



# Section 21 / 29 Services

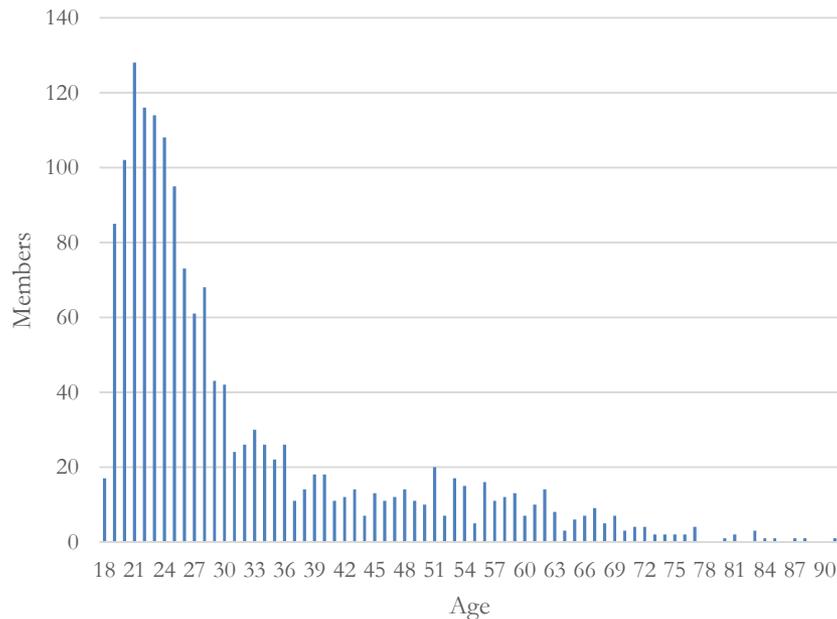
## Section 21 Services:

Served: 3,186  
 Total Wait List: 1,639  
 Unduplicated Wait List: 529  
 Percent with Other Services: 68%  
 Ratio: Served to No Services: 6:1

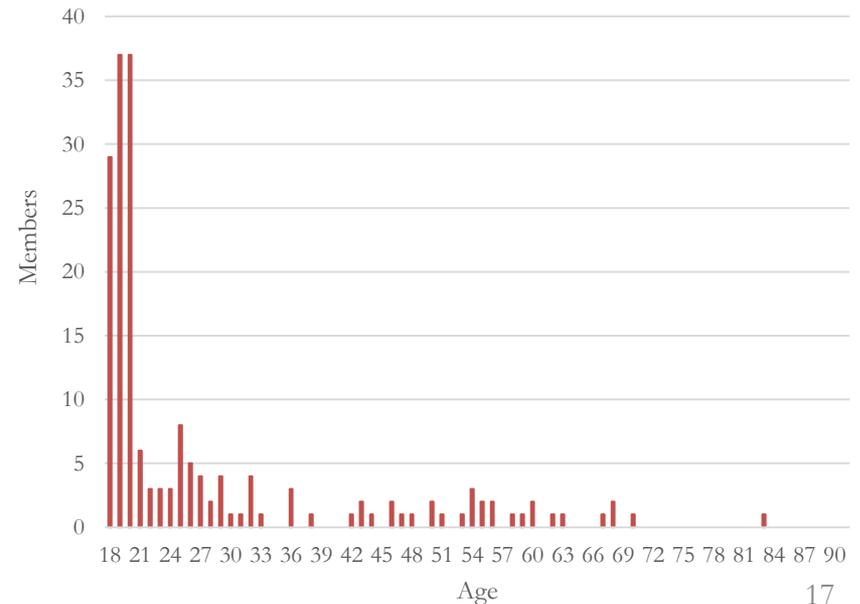
## Section 29 Services:

Served: 2,286  
 Total Wait List: 323  
 Unduplicated Wait List: 189  
 Percent with Other Services: 41%  
 Ratio: Served to No Services: 12:1

Section 21 Waitlist by Age



Section 29 Waitlist by Age



# MaineCare Nursing Facility Payments

- **Maine ranks:**
  - Among the most stringent states on functional eligibility criteria, thus serves relatively few nursing home residents with low needs
  - Top 20 on most measures of provider supply: personal care assistants, registered nurse hours per resident assisted living and residential care units
- **MaineCare nursing facility payments:**
  - Average annual spending growth was 10 percent from 2017 to 2019
  - In the biennial, a prospective cost of living adjustment and reestablishing rebasing on a two year cycle will add \$55 million in General Fund and Federal matching funds in 2020 and 2021
- **LD 1758:** Agreement that in FY 2020:
  - Total Cost: \$22-24 million, State share: ~\$7 m
  - Appropriation: \$520,000 (\$1.04 m for the biennial)
    - 7% of total

