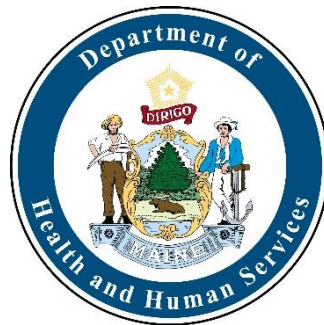


Maine Department of Health and Human Services (DHHS)

Update for the Joint Committee on Health and Human Services

Commissioner Jeanne Lambrew, PhD

January 8, 2020



Presentation

- I. Strengthening DHHS**
- II. Ongoing Work and Challenges**

I. Strengthening DHHS

Why: DHHS Goals

Health



Safety



Resilience



Opportunity



Maine children grow up in safe, healthy, and supportive environments, allowing them to thrive throughout their lives.



All adults have the opportunity to work, live with independence, and have good health.



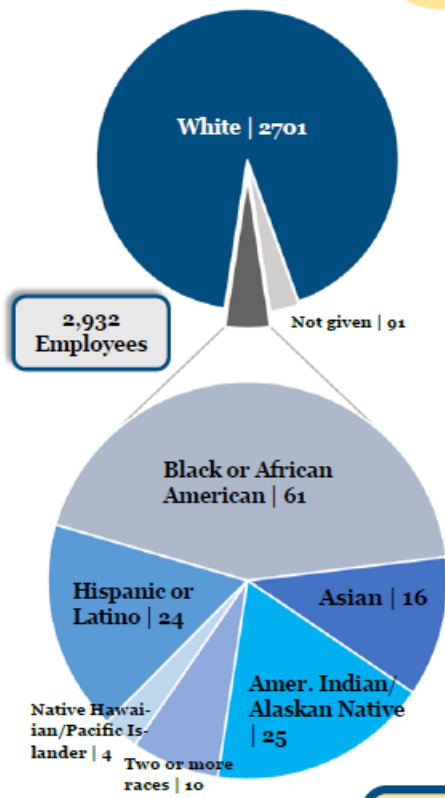
Older Mainers live with dignity in the place that balances their needs and preferences.

How We Do Our Work

- **Bolstering staff**
 - Expanded leadership team
 - Posted and filled 462 jobs
 - Added 130 staff to OCFS
 - Increased public health nurse program to 39
- **Improving our workplace**
 - Holding district “office hours”
 - Restarted employee recognition committee
 - Promoting diversity, equity, inclusion
- **Fostering transparency**
 - 36 updates
 - 71 press releases
 - Quarterly and monthly data updates
 - Revamping website
 - FOAA processing and training
- **Engaging in partnerships**
 - Improved existing advisory bodies
 - Forged inter-Departmental working groups
 - Created new public-private engagements

Who We Are: DHHS Workforce

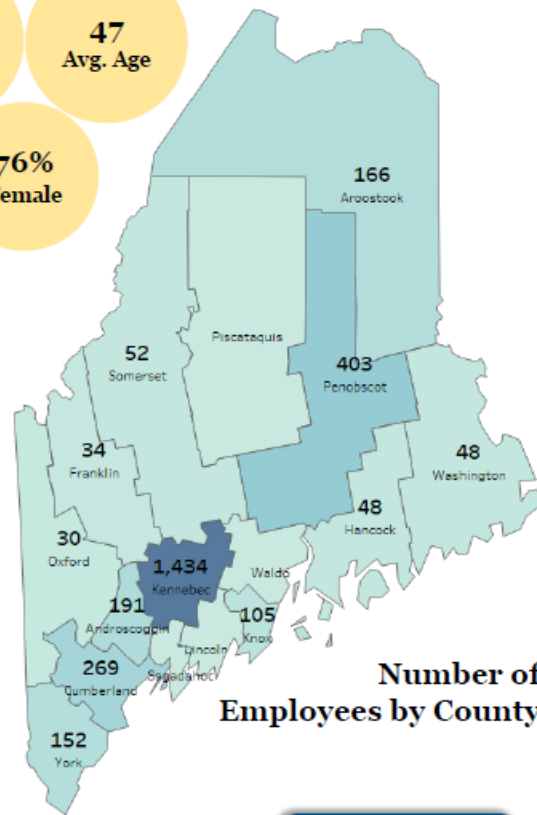
Number of Employees by Race



10 Years
Avg. Tenure

47
Avg. Age

76%
Female



Number of Employees by County

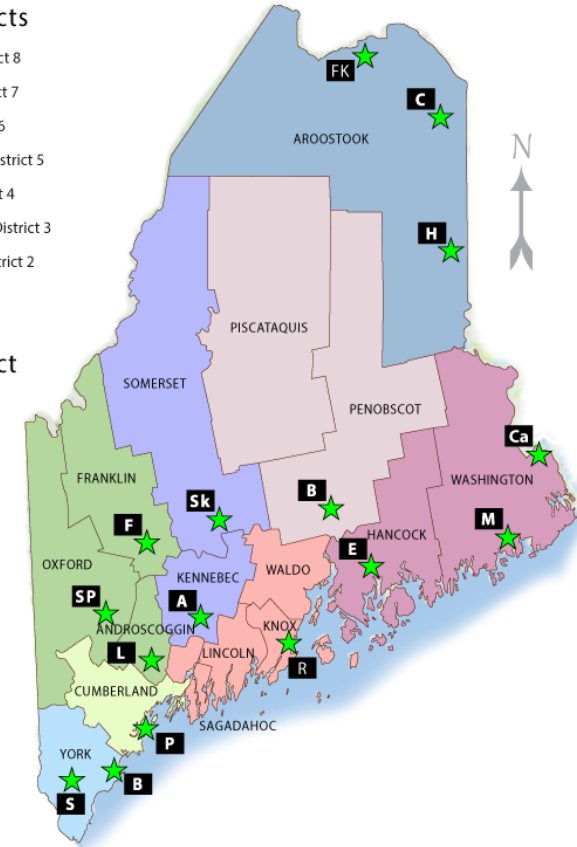
19-85
Age Range

DHHS Districts

- Aroostook District 8
- Downeast District 7
- Penquis District 6
- Central Maine District 5
- MidCoast District 4
- Western Maine District 3
- Cumberland District 2
- York District 1

★ DHHS District Offices

- FK** Fort Kent
- C** Caribou
- H** Houlton
- Ca** Calais
- M** Machias
- B** Bangor
- E** Ellsworth
- Sk** Skowhegan
- F** Farmington
- R** Rockland
- A** Augusta
- SP** South Paris
- L** Lewiston
- P** Portland
- B** Biddeford
- S** Sanford



For More Information
Visit us at
www.maine.gov/dhhs

Who We Serve: Quarterly Snapshot



3,379
Employees



16 Regional
Offices



1/3rd of the
Population

Child & Family Services (OCFS)

2,177 *As of 9/30/19*
Children in State Custody¹

1,536 Family Foster Homes²

18,532 Children Receiving Behavioral Health Services³

5,112 Children with Childcare Subsidies⁴

265 *From 7/1/19–9/30/19*
Children Achieving Permanence⁵

MaineCare Services (OMS)

As of 9/30/19
Total People Enrolled⁶ **327,287**

Children Enrolled⁹ **99,634**

Enrollees with Opioid Use Disorder¹⁰ **14,450**

As of 9/27/19
Expansion Enrollees¹¹ **38,489**

Family Independence (OFI)

As of 9/30/19
9,265 TANF Participants¹⁵

168,551 SNAP Participants¹⁶

September 2019
\$7.8 mil Child Support Collected¹⁷

1,252 Disability Claims Processed¹⁸

Aging & Disability Services (OADS)

As of 9/30/19
1,297 Adults in Public Guardianship and/or Conservatorship¹⁹

6,818 MaineCare Enrollees in a Nursing or Residential Care Facility²⁰

1,680 Sec 19: Elderly and Disabled Home and Community-Based Services Waiver Individuals²¹

3,186 Sec 21: Intellectual and Developmental Disabilities with Autism (ID/DD) Comprehensive Waiver Individuals²²

2,286 Sec 29: ID/DD Supports Waiver Individuals²³

Substance Abuse & Mental Health Services (SAMHS)

3,081 *As of 10/18/19*
Uninsured Individuals Receiving Substance Use Disorder Services²⁴

4,627 *As of 9/30/19*
Uninsured Individuals Receiving Mental Health Services²⁵

Maine Center for Disease Control & Prevention (MECDC)

From 7/1/19–9/30/19
Individuals Screened for HIV¹² **392**

From 7/1/19–9/30/19
Business Health Inspections Completed¹³ **2,199**

From 9/1/2019–9/30/19
Families Served by the Women, Infants, and Children Nutrition Program (WIC)¹⁴ **17,001**

Riverview Psychiatric Facility (RPC)

As of 9/30/19
88 In-Patients Receiving Treatment²⁴

Dorothea Dix Psychiatric Center (DDPC)

As of 9/30/19
33 In-Patients Receiving Treatment²⁵

Licensing & Certification (DLC)

As of 9/30/19
94 Number of Nursing Homes²⁶

39 Hospitals²⁷

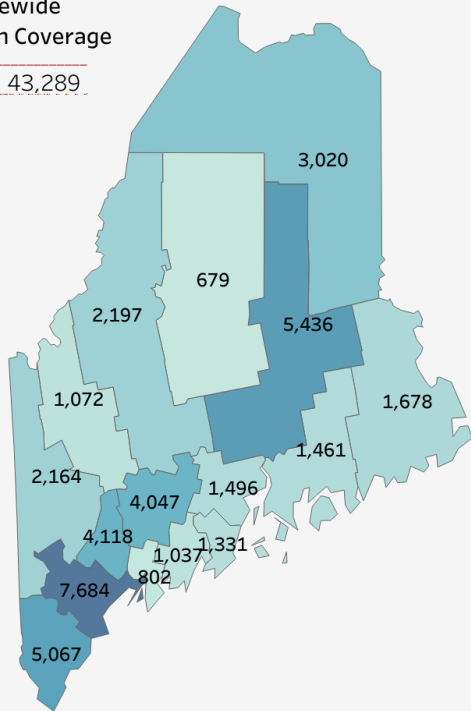
38 Rural Health Clinics²⁸

Improving Coverage & Affordability

Enrollment by County, 1/2/2020

Statewide
Expansion Coverage

Total: 43,289

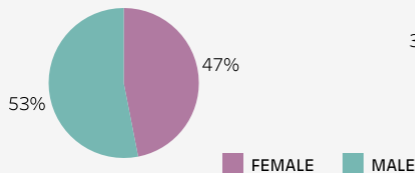


Source: DHHS Automated Client Eligibility System (ACES)

Enrollment by Sex, 1/2/2020

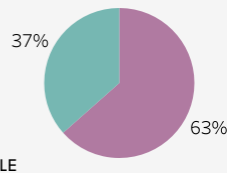
Adults Without Children

Total: 35,636



Parent/Caretaker Relative

Total: 7,653



■ FEMALE ■ MALE

Source: DHHS Automated Client Eligibility System (ACES)

Open Enrollment

- 62,213 enrollees on HealthCare.gov
- Over 70 percent increase in MaineCare applications

Prescription Drugs

- Extended financial assistance for prescription drug and premium costs for 1,800 low-income seniors and people with disabilities
- Developing a drug importation program

Expansion Impact, 10/31/2019

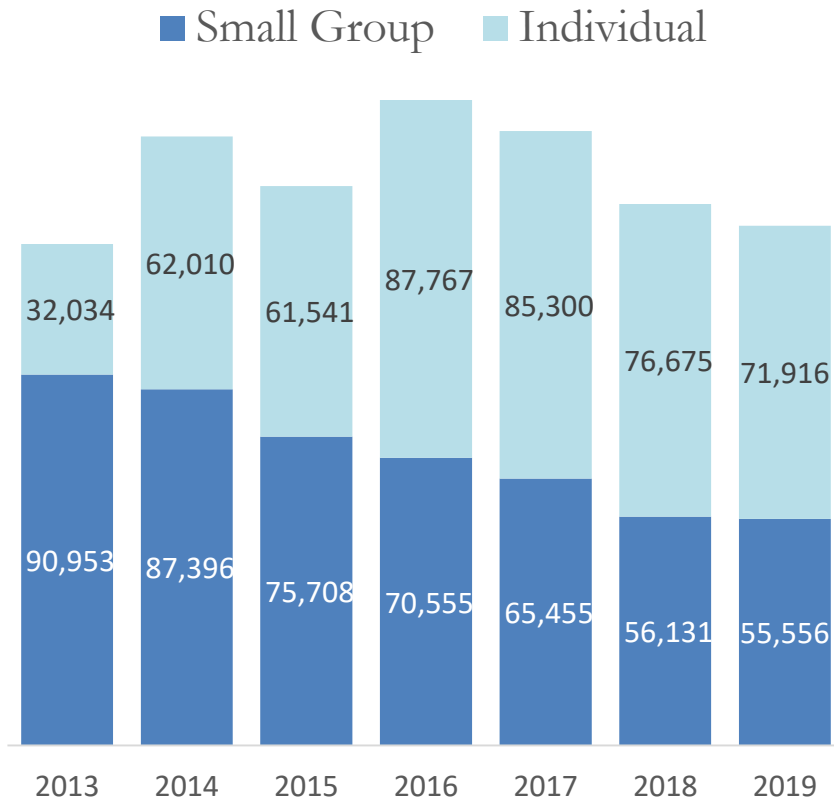
	Members
• Breast Cancer Screenings	1,900
• Colorectal Cancer Screening	1,222
• Treatment for Diabetes	2,952
• Treatment for Hypertension	2,402
• Mental Health Treatment	16,398
• Substance Use Disorder Treatment	6,532
• Opioid Use Disorder Treatment*	4,797

*Members receiving Opioid Use Disorder Treatment data is included within members receiving Substance Use Disorder Treatment data

Source: MaineCare Claims

Improving Coverage & Affordability

Enrollment in Private Markets



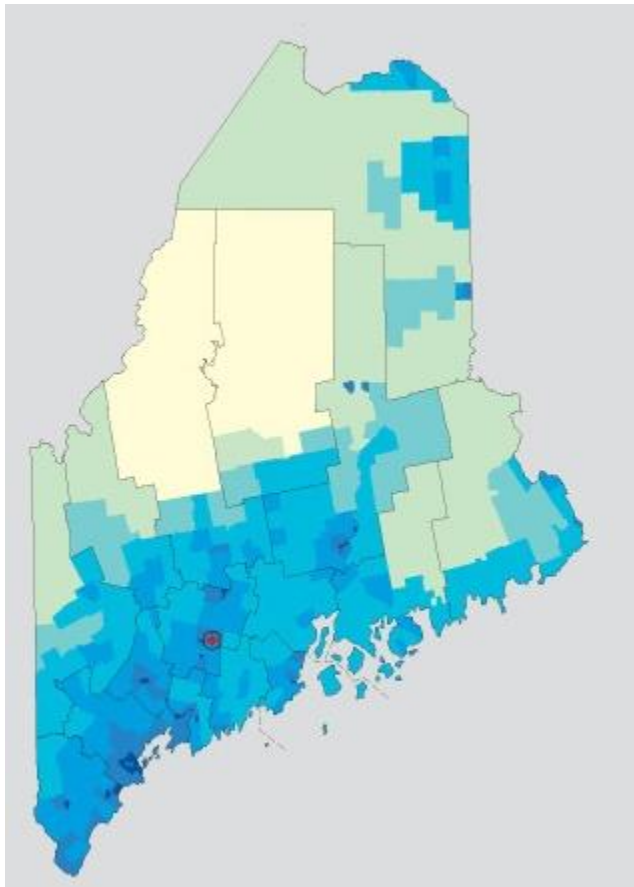
Enrollment reported as of 3/31 except for 2013 & 2014 is year end.

Made for Maine Health Coverage Act

- Simplifies out-of-pocket costs
- Stabilizes the small group market
- Takes control of the Health Insurance Marketplace
 - Starting this year

Rural Health Transformation

Maine Population Density
(U.S. Census Bureau, 2017)



ACTION	DESCRIPTION
STATEWIDE	
Address telehealth gaps	Fill gaps in MaineCare, private insurance
Strengthen primary care	Support participation in new demos
Build workforce	Identify gaps, programs, and incentives
REGIONAL PLANS	
Develop referral system	Formalize system for perinatal care
DELIVERY SYSTEM PILOT	
Identify sites	Assess hospitals / services, needs, leadership
Develop models	Array options, estimated impact & trade-offs, identify waivers

Opioid Response

STRATEGIC ACTION PLAN FRAMEWORK

LEADERSHIP

- Priority A: Take decisive, evidence-based and community-focused actions in response to Maine's opioid crisis

PREVENTION

- Priority B: Prevent the early use of addictive substances by children and youth
- Priority C: Reduce the number of prescribed and illicitly obtained opioids

OVERDOSE RESCUE

- Priority D: Make naloxone available to anyone who needs it
- Priority E: Maximize data to reduce harm

TREATMENT

- Priority F: Ensure the availability of treatment that is local, immediate, and affordable
- Priority G: Promote the understanding and use of harm reduction strategies

RECOVERY

- Priority H: Support individuals in recovery
- Priority I: Build and support recovery-ready communities



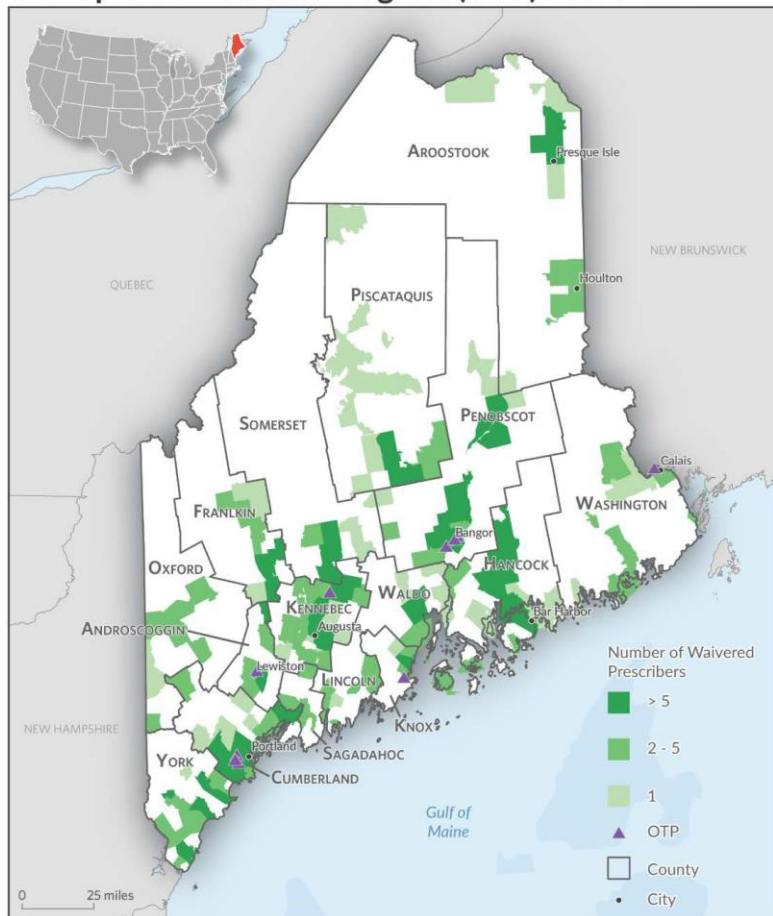
Examples of Actions to Date

- Eyes Open campaign
- Distributed 12,000 doses of naloxone, with 50 known successful reversals
- Trained 200 additional recovery coaches
- Supported 9 recovery centers with 3 more in the works
- Supported medication assisted treatment in 8 jails and the prison system with 5 more in the works
- Hosted a Opioid Response Summit
- Invested \$2 million in prevention, starting with children

Behavioral Health Map & Match

Example: Capacity Map

Zipcodes with Waivered Buprenorphine Prescribers and Opioid Treatment Program (OTP) Locations



SOURCE: DEA; SAMHSA.

- **Map:** Systematically capture treatment capacity in real time
- **Match:** Identify systems to connect people with appropriate type of treatment
- **Uses:**
 - Opioid response
 - Criminal justice system diversion
 - Co-occurring conditions

Behavioral Health Map & Match

Goal: Build and support a continuum of care to meet Mainer's needs

Referral Type Key

- Self Referral
- Provider Controlled
- Specialized Referral

***Community Based Services:**

Section 17:
 Daily Living Support Services—1,075 clients
 Community Integration—5,166 clients
 Community Rehabilitation Services—188 clients
 Section 13- Targeted Case management—1097 clients

Section 65:
 Medication Management—12,524 clients
 Outpatient Therapy—76,587 available slots
 Intensive Outpatient Services (IOP)—9,356 available slots
 Opioid Treatment Program (Methadone)—5,460 available slots
 Mental Health Psychosocial Clubhouses—6,779 clients

Employment Support Services :
 Long Term Support Employment—66 clients
 Community Employment Services—248 clients
 Psychosocial Clubhouses—779 clients

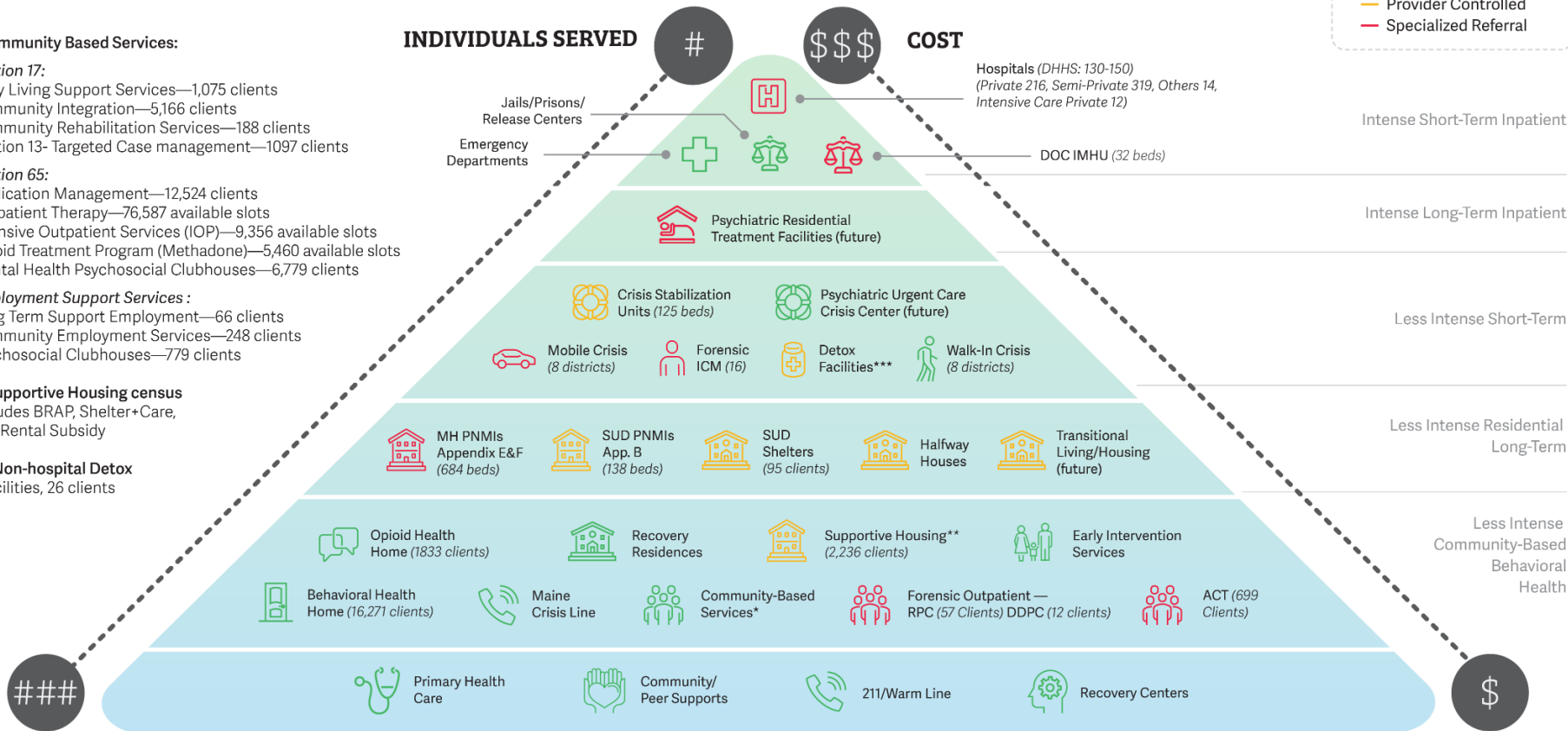
****Supportive Housing census**
 includes BRAP, Shelter+Care, and Rental Subsidy

*****Non-hospital Detox**
 2 facilities, 26 clients

INDIVIDUALS SERVED



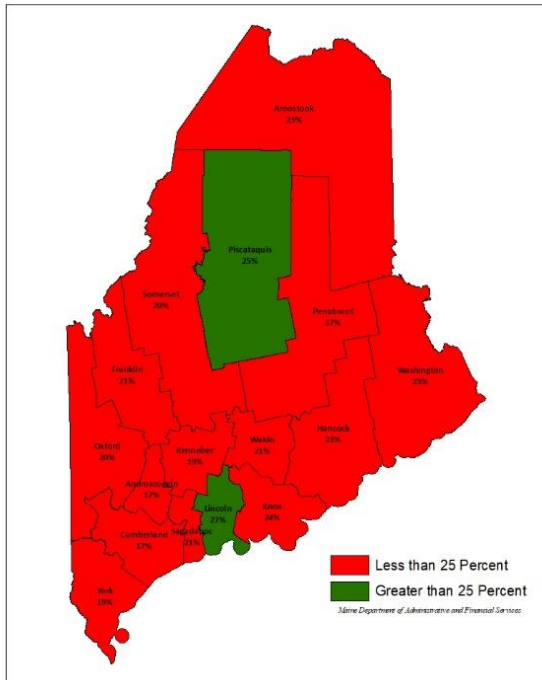
COST



Preliminary: Mirrors Model for Children's Behavioral Health Strategy

Embracing Maine's Aging Population

Percent of Population Age 65+ in 2016



Aging and
LTSS
Advisory
Committee

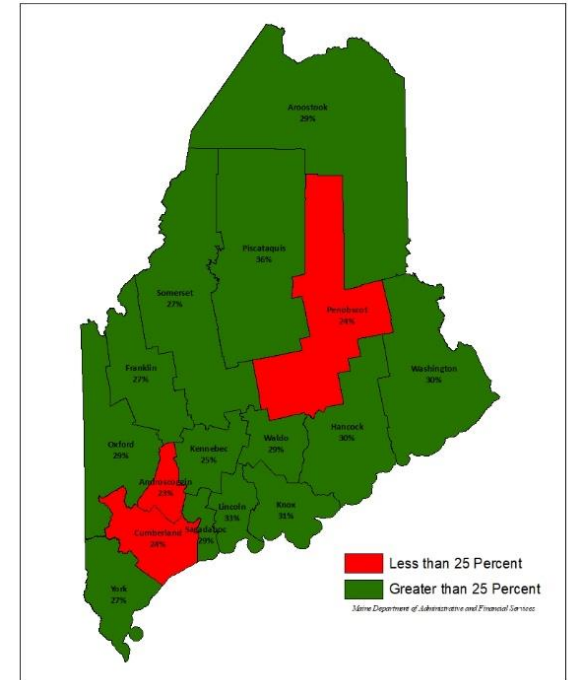
Age
Friendly
State
Steering
Committee

Aging
Policy

Renewal of
State Plan
on Aging

Elder
Justice
Partnership

Percent of Population Age 65+ in 2026



Children's Cabinet

Ready to Learn: Early Childhood Development

- Safe sleep campaign
- Prevention:
Increasing:
 - Lead screening
 - Developmental screening
 - Vaccinations
- Social and emotional learning
- Quality child care



Successful Transitions For At-Risk Youth

- Substance use disorder prevention initiative
 - \$2 million from the Fund for Healthy Maine
- Expanding capacity to treat complex behavioral health disorders
- Exploring additional school-based programs

Opportunity through Education and Training

Opportunity in DHHS

- People with low income
- People in recovery
- People with intellectual or developmental disability
- Older Mainers

DHHS Activity

- Programs:
 - TANF: Aspire
 - SNAP: Education and Training
 - HOPE
 - Parents as Scholars
 - LIFT and STEP
- Pilots

Crosscutting Themes

- **Transportation**
 - Contract alignment, listening sessions, evaluation
 - Working Cars for Working Families
- **Housing**
 - Technical assistance through Medicaid
 - Supportive housing
 - Residential care and treatment
- **Food Security**
 - SNAP: Advances and challenges

II. Ongoing Work and Challenges

Laws, Resolves, Studies, Task Forces, Committee Requests

- Leading or involved in implementing 107 laws
- Participating in 54 resolves, reports, studies, and task forces
- Little to no funding or additional capacity for implementation

Additional Analysis, Strategic Plan Development

- Issued a request for proposals on a MaineCare rate system evaluation
- Gathering feedback on strategic plan for services for adults with intellectual or developmental disabilities
- Focusing on crisis services and critical gaps

Federal Government Challenges

MaineCare

- Service Tax
- Medicaid Financial
Accountability
Proposed Rule
- Other Potential Costs

Others

- SNAP (Food Supplement
Benefit) Eligibility Limits
- *Texas versus US*