



Prescription Monitoring Program Annual Report 2019

Required by:
22 MRSA, Subtitle 4,
Part 3, Ch. 1603, §7250

Maine Prescription Monitoring Program
Office of Substance Abuse and Mental Health Services
Maine Department of Health and Human Services

Purpose

Below you will find updated data related to the Prescription Monitoring Program (PMP), which is overseen by the Office of Substance Abuse and Mental Health Services (SAMHS) within the Department of Health and Human Services (DHHS).

Pursuant to 22 MRSA, Subsection 4, Part 3, Chapter 1603, §7250, the Department “shall provide to the Joint Standing Committee of the Legislature having jurisdiction over health and human services matters... data pertaining to the aggregate number of prescriptions of each drug required to be included in the program, the number of prescribers participating in the program categorized by specialty, any historical trends or patterns in prescribing practices within the State, any progress in the implementation of information sharing agreements authorized by subsection 4-A and any other information pertaining to the work of the program as requested by the committee that is reasonably available to the Department, as long as all information reasonably likely to reveal the patient or the prescriber or other person who is the subject of the information has been removed.”

Definitions

Dispenser - A pharmacist who is licensed or registered un Title 32 or a veterinarian licensed under Title 32,chapter 71-A with authority to dispense a benzodiazepine and/or opioid medication

Morphine Milligram Equivalents (MME) – The standard value utilized to compare opioid doses and potency.

Opiate Agonist – A drug that activates the opioid receptors in the brain fully resulting in the full opioid effect (*Examples: Oxycodone, Hydrocodone, Morphine*).

Opiate Partial Agonist – A drug that activates the opioid receptors in the brain to a much lesser degree than a full agonist (*Examples: Subutex, Suboxone, Buprenorphine, Levomenthol*).

Prescriber – A licensed healthcare professional with authority to prescribe controlled substances

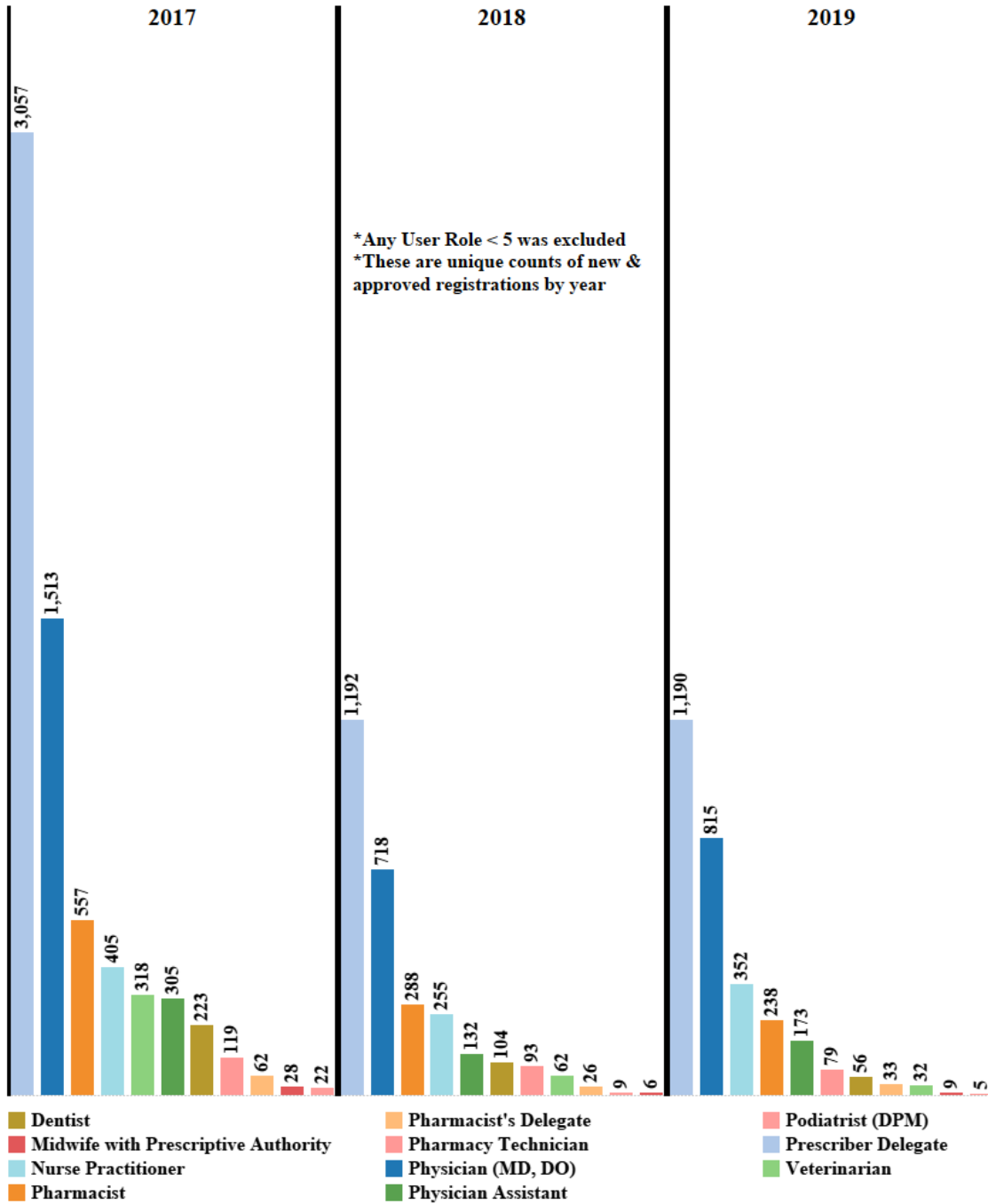
Total Quantity – The total number of doses for a specific medication (*doses include tablets, kits, and capsules*).

Registration of Prescribers and Dispensers

Registration of Prescribers and Dispensers, as per the Controlled Substances Prescription Monitoring Program (PMP), the Maine Revised Statutes, Title 22, Chapter 1603.

As of December 31, 2019, there were 12,834 active prescribers and 1,894 active dispensers registered in the PMP.

Number of New Registrations per User Role by Year

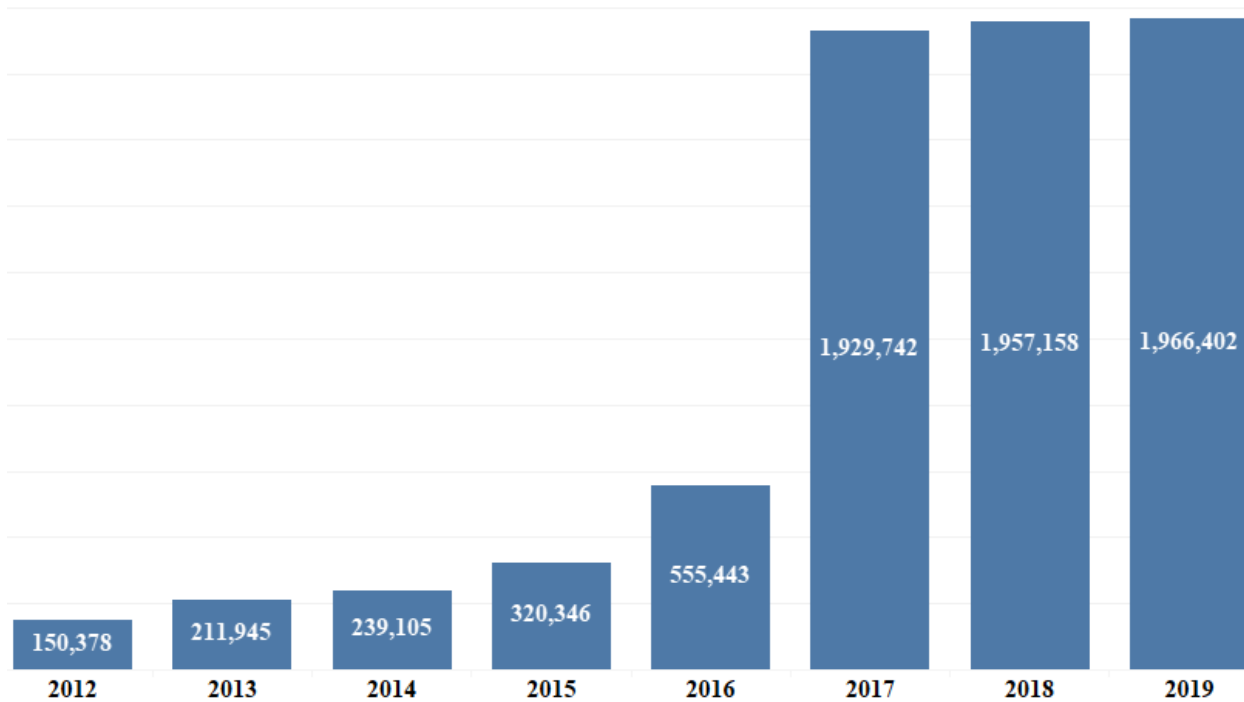


Utilization

The following data represents the utilization of the Prescription Monitoring Program by data requesters, administrators, and investigators are excluded.

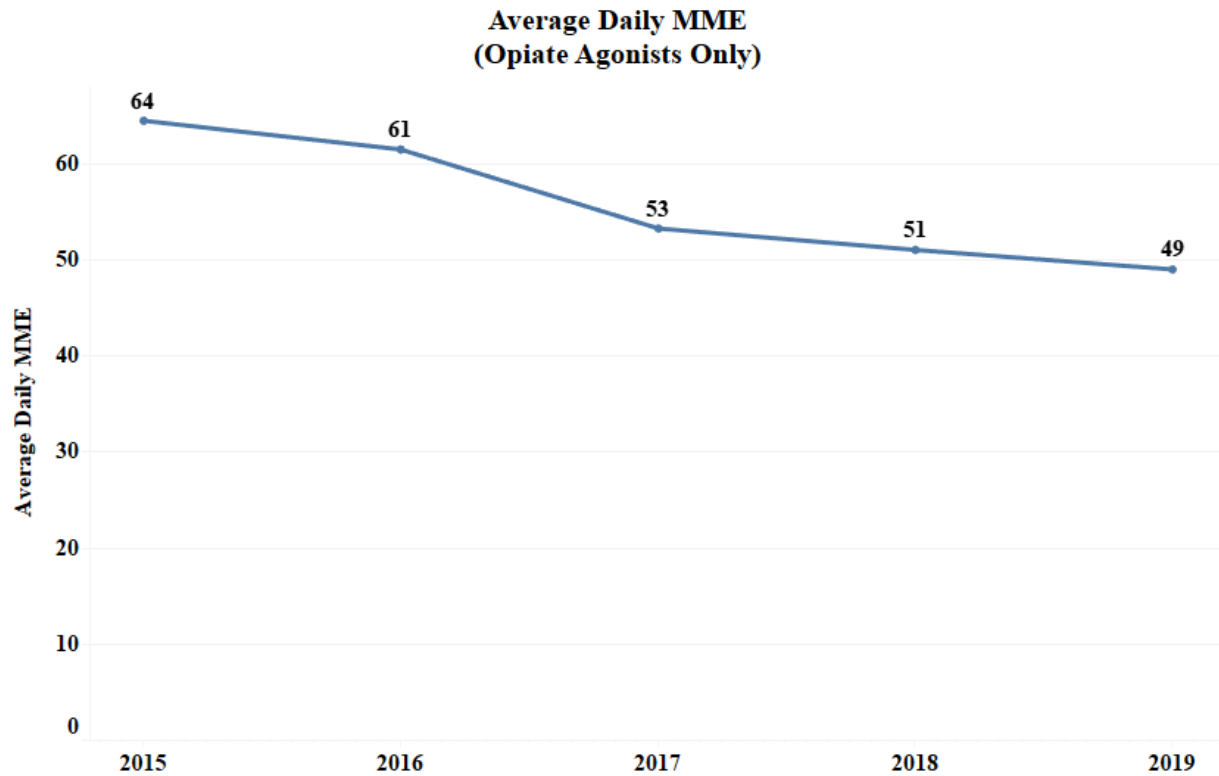
In 2016, there were a total of 555,443 PMP checks. As of December 31, 2019, there were a total of 1,966,402 PMP checks.

Total Patient Report Requests (PMP Checks)



Average Daily MME

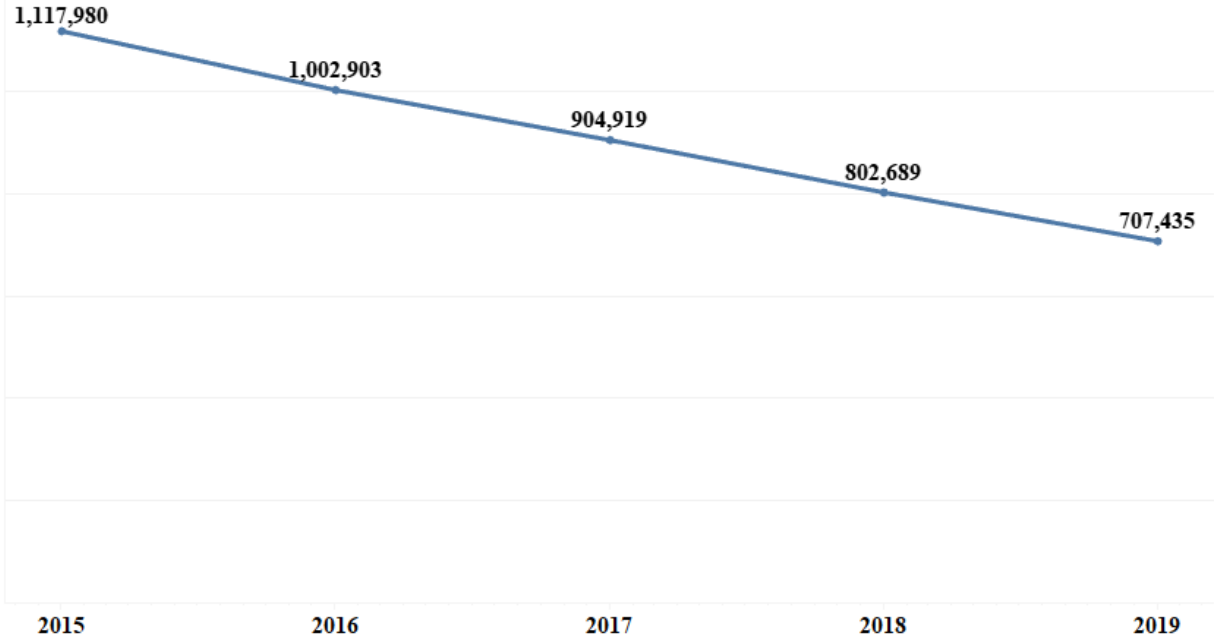
The following represents the average daily Morphine Milligram Equivalents (MME) for Opiate Agonists only and excludes doses dispensed in either milliliter or gram form.



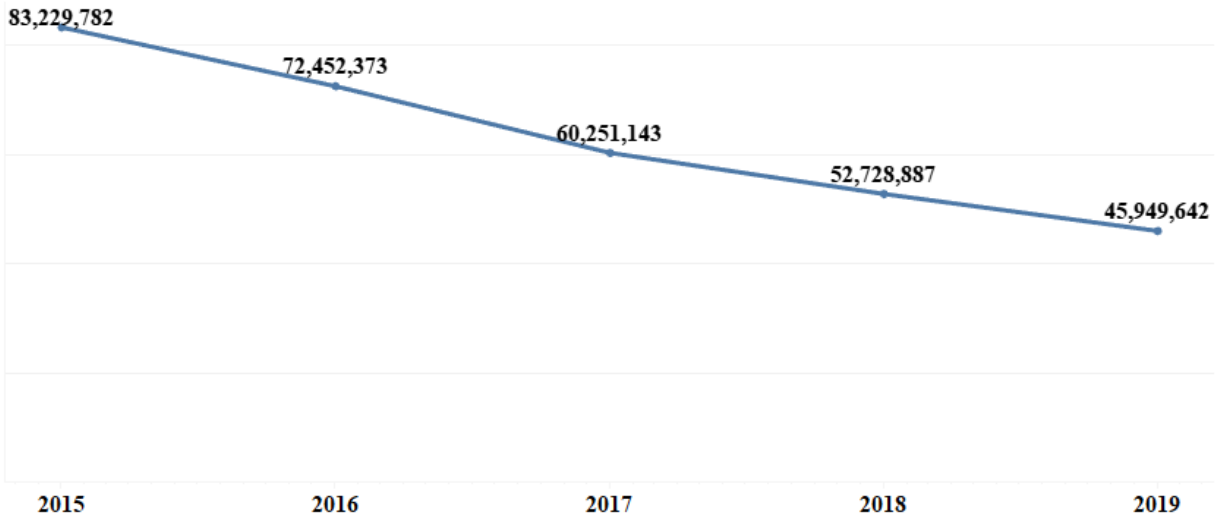
Opioid Doses Prescribed

Note: The totals below include Opiate Agonists only and exclude prescriptions that are dispensed in milliliters or grams form.

Total Number of Opiate Agonist Prescriptions Dispensed



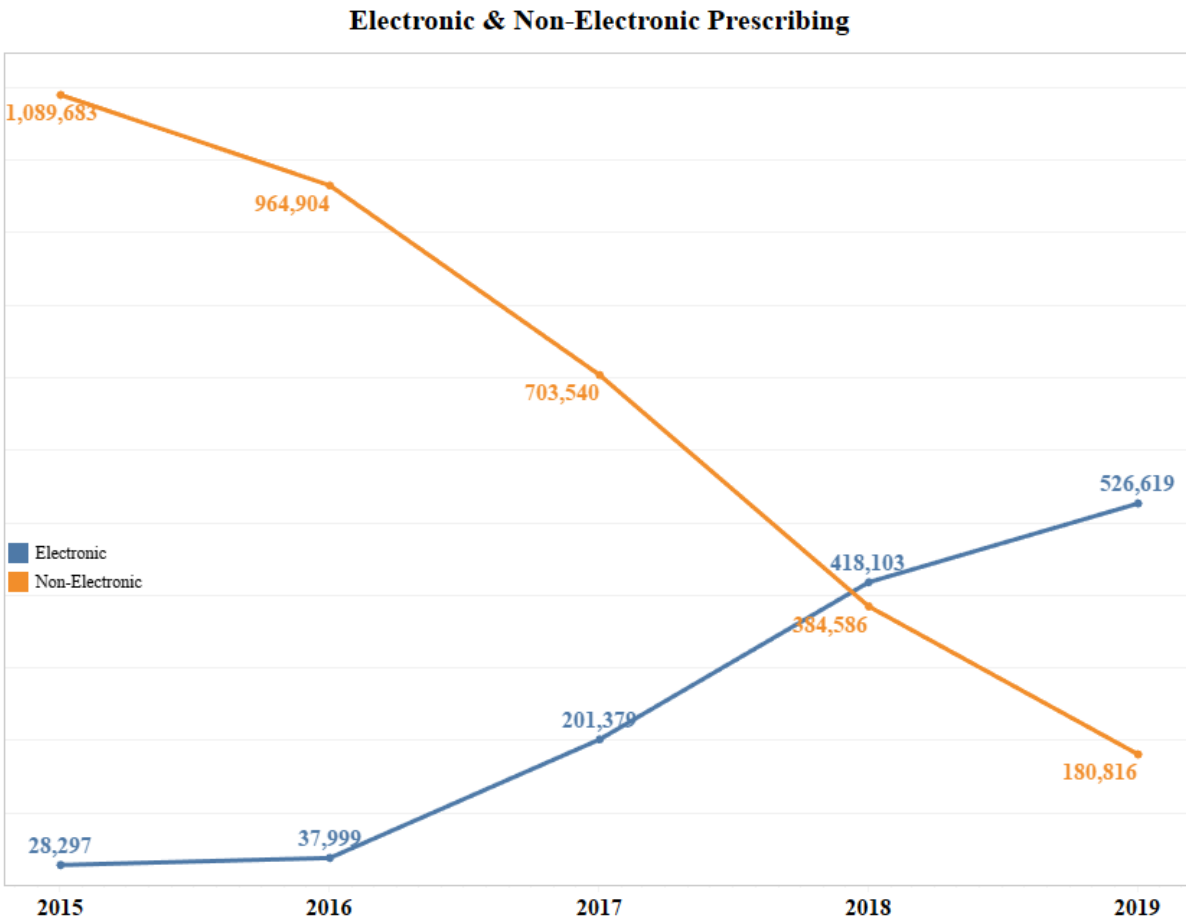
Total Number of Opiate Agonist Doses Dispensed



Electronic Prescribing

Electronic prescribing for opioid medications became required on August 1, 2017.

Note: Totals below include Opiate Agonists only and excludes grams and milliliters.



Interstate Data Sharing

The following map represents the implementation of sharing agreements with other PMPs. Maine is currently connected and sharing data with 34 state and agency PMPs. Each entity that is enabled to share data has been contacted and regular follow ups are scheduled until a connection is established.

